The frioul archipelago at the heart of the parc national des calanques

Created on 18th April 2012, the parc national des calanques is the 10th French National Park and the first in Europe to include the land, the sea and urban peri-urban areas. Its main mission is to reconcile the preservation of natural heritage with human activity, to welcome, inform and sensitize the public; to fight against pollution on land and at sea.

Along with the conservatoire d’espaces naturels (local NGO for the Protection of the Environment) and the parc national des calanques, the city of marseille is responsible for the daily upkeep of the 152 hectares on land and the 800 hectares at sea.

Throughout the year, various people work to safeguard this place, where current regulations allow the wilderness to be preserved by encouraging residents and visitors to behave in a responsible way towards the environment.

The natural territorial areas on frioul belong to the city of Marseille. They will be transferred to the conservatoire du littoral (the national agency about coastal protection) during 2013.

Regulations

To help us preserve the natural wealth of the site, please stay on indicated paths and follow these regulations.

- To conserve the vegetation, which includes many protected species, it is forbidden to light fires and BBQs or pick plants.
- In order to avoid disturbing the wildlife, camps and bivouacs are forbidden. Dogs must be kept on leads.
- So as not to spoil the quality of the landscape, please take your rubbish home.
- To preserve the character of the natural environment and so as not to disturb the wildlife, loud noise and sudden bright lights are also forbidden.
- The use of motorised vehicles and bicycles is controlled.

The Frioul Archipelago

Made up of the islands of Ratonnéau, Pomègues, If and Tiboulen, the frioul archipelago is located at the heart of the parc national des calanques, just a stone’s throw from marseille’s vieux-port.

Swept by the winds and sea spray and shaped by erosion, the chalky white landscape has no desert-like qualities. Exceptional flora and fauna have developed here, adapting to the difficult climatic conditions.

The Frioul archipelago is testimony to marseille’s history and that of its inhabitants, its pathways revealing clues to a rich past.

Take the time to explore the natural and historical heritage, the remarkable landscapes, to appreciate this restful place and to admire the riches that surround you, by adopting respectful behaviour towards the environment.

This exceptional site deserves our attention and our respect. Together we can protect it, let’s not leave behind any evidence that we were there.

Practical Information

- Links by sea from the vieux-port: Frioul If Express: 04 91 46 64 65 [http://frioul-if-express.com]
- Village: Businesses: bars, restaurants, souvenir shop, marine supplies, grocery store... no accommodation.
- Associations: Centre Léo Lagrange: 04 91 59 01 73
  Comité d’intérêt de Quartier: 06 62 35 19 38
  Association Frioul Un Nouveau Regard: 04 91 59 00 15
  Association des Plaisanciers du Frioul: 06 64 25 21 71
  Association des amis de Robert Penchaud: 06 62 61 36 52
  Frioul Harbour Master’s Office: 04 91 59 01 73
  Château d’If (If Castle): 04 91 59 02 30
- Emergency number: 112

Contacts

- Conservatoire d’espaces naturels de Provence Alpes Côte d’Azur (CEN PACA)
  Sémaphore de Pomègues - Le Frioul - 13001 Marseille
  Tél.: 04 91 59 09 12
  Courriel : frioul@cen-paca.org
  Site Internet: www.ilesdemarseille.fr ou www.cen-paca.org

- National Park (Parc National des calanques)
  Bât A4 - Parc Valad - Impasse Paradou - 13009 Marseille
  Tél.: 04 20 10 00 00
  Courriel: contact@calanques-parcnational.fr
  Site Internet: www.calanques-parcnational.fr

- City of marseille - Sea and coastline service
  Department for Environment and Urban Space
  Commission for sustainability and expansion
  Tél.: 04 91 55 25 29 ou Ailé Mairie 0810 813 813
  Courriel: service-mairie-littoral@mairie-marseille.fr
  Site Internet: www.marseille.fr

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Frioul’s nature is fragile. To protect the vegetation and keep the peace for nesting birds, please do not smoke, stay on the signposted paths and follow the current regulations.

(Byelaw n° 03-118-SG, 28th May 2003. Ministerial Decree on the creation of the Parc National des Calanques n° 2012-507, 18th April 2012.)

Take the time to explore and share these special moments. Frioul Archipelago and its inhabitants welcome you to this unique place.